

[TO BE INTRODUCED IN THE NATIONAL ASSEMBLY]

A
BILL

To provide Compulsory Physical Training to all School children up to age of 16 years

WHEREAS it is expedient to enable all learners to enhance their quality of life through an active living and participation in physical education and training, resultantly, students will develop the knowledge, skills and attitude necessary to incorporate physical activity into regular routines and leisure pursuits to live an active and healthy life style, thereof;

It is hereby enacted as follows:-

1. **Short title and commencement.**- (1) This Act may be called the Right to free and Compulsory Physical education and Training Act, 2015.

- (2) It shall extend to the Islamabad Capital Territory.
- (3) It shall come into force at once.

2. **Definitions.**- In this act;

- (a) "Child" means a male or female of the age of five to sixteen years;
- (b) "Parent" includes a guardian or any other person who has the custody of a Child;
- (c) "School" means any public or private institution that is meant to impart education up to 12th grade;
- (d) "Government" means a prescribed organization which on the behalf of Federal Government control, supervise and manage the schools irrespective of public and private sector;
- (e) "Physical education" a basic and technical know-how about the use of gymnasium and other athletic activities as well as warm up exercises.
- (f) "Physical Training" the systematic use of exercises, to promote bodily fitness and strength, for minimum thirty minutes in the prescribed place in the schools;
- (g) "Physical Trainer" means a person, who is recruited in a prescribed manner to impart physical education and training in schools;
- (h) "Prescribed place" means specified vicinity in a School which is designated for the purposes of exercise relating to physical training, and other games as been mentioned in the academic calendar of the School.
- (i) "Physical exercise" means any bodily activity that enhances or maintains physical fitness and overall health;
- (j) "Sports" includes athletics, gymnastics, archery, badminton, basketball, boxing, cycling, cricket, football, hockey, judo, Swimming, taekwondo, table tennis, tennis, squash, volleyball, netball and wrestling;
- (k) "Inspector/Assessor" means a person who may be appointed by the Government in a prescribed manner to inspect and assess the steps taken by concerned School administrations in regard to the implementation of compulsory education and training.

3. Compulsory Physical education.- (1) It shall be mandatory for every School, to devise a module to deliver physical education and training and hire a physical trainer to execute the training module.

(2) The course content of the physical education module would be arranged in the consultation with the concerned Board of education which may contain basic information about nutrition, physical anatomy, behaviors, and code of conduct and techniques of social control.

(3) The Physical training contains a systematic set of exercises which enhance physical vitality and agility of School going children.

(a) such physical exercises contain at least thirty minutes of exertion.

(4) It is mandatory for every school to allocate a prescribed place for the purposes of activities relating to physical education and training.

(5) It is mandatory for every school to specify a calendar of activities relating to physical education and training in their annual academic calendar.

4. Physical Trainer.- (1) A person who is trained and qualified from an approved institution, to deliver physical education, training and possesses the basic coaching skills about exercise, athletics, gymnastics and sports, recruited to perform, by the administration only for these specified purposes.

(2) He shall be responsible to maintain the record of activities mentioned above as well as evaluate the performance of every student in this regard.

5. Complaint.- Upon receiving the complaint from either a student or a parent, the concerned directorate of education shall investigate the school for compliance with the requirements of training till the satisfaction of complainant.

6. Delegation.- Government may delegate all or any of its powers and functions under this act to the concerned directorate or any other officer by name or designation.

7. Powers to make rules.- (1) Federal Government may frame rules for the purpose of carrying into effect the provisions of this Act by notification in the Official Gazette.

(2) In particular and without prejudice to the generality of the foregoing powers, Government may make rules;

(a) Prescribed the qualification of persons who may be appointed inspector/assessor for the purpose of this act.

(b) Regulating the qualification of persons to be appointed as inspector/assessor under this act.

(c) Prescribing the methods of inspections to be followed by inspector/assessor for the assessment of physical education and training in any School.

8. Saving.- The provision of this act shall be in addition to and not in derogation of any other law.

STATEMENT OF OBJECTS AND REASONS

In order to activate school life and to promote students enthusiasms in participating physical exercises, as well to cultivate their awareness of health competition, good interpersonal relationship and to find out the sport talent it is mandatory under this act to organize physical training and to depart physical education on regular basis as parallel to their academics obligations. As it has been observed that a thing cannot be improved that cannot be measured.

Hence, once defined students' achievement in relation to physical education and training, their performance and hidden talent would be measured in a transparent manner by the implementation of compulsory physical education and training.

The ultimate objective of this Act is to bring and harness the values such as importance of order, regularity, cooperation, thoughtfulness, participation, endurance, hard work and fair play in the youth of Pakistan. Physical education plays a vital role in safeguarding the fitness and health of children, and for the promotion of sport in any nation. Physical education also contributes in achieving fit and health workforce.

Sd/-

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